



Gestig 1855 Founded

GREY KOLLEGE SEKONDÊR COLLEGE SECONDARY

A SOUTH AFRICAN PARALLEL MEDIUM SCHOOL FOR BOYS

'N SUID-AFRIKAANSE PARALLELMEDIUMSKOOL VIR SEUNS

MEDICAL MATTERS

We strongly advise you to take your son for Chickenpox & Whooping cough Syndrome “Booster” inoculations. Flu injections before the Winter are also recommended. Please make sure that your son’s immunisations are up to date.

VERY IMPORTANT:

1. No sick learner will be taken to a doctor without the consent of a parent or guardian.
2. No sick learner is allowed to stay in the hostel without a medical certificate.
3. In the event where you do not have a medical aid, parents will be responsible for medication.

TREATMENT

FIRST THING IN THE MORNING (06:00 – 06:30):

1. If a child feels ill, he can either go to matron or phone a parent to find out which medication he must use. He will take his meds and go to school.
2. If a child feels too ill to go to school his parents need to give matron permission to take him to the doctor. No hostel staff member may take your son to a doctor (other in the case of an emergency) without the parent’s consent.
3. If the doctor prescribes medication, the matron will order the child’s medication, which MEDI-BLOEM PHARMACY will deliver.
4. The matron will give typed instructions and explains how to use his medication.
5. The matron will send the medical certificate to the school.

DURING THE DAY, NIGHT or WEEKEND

1. Minor complaints and wounds will be treated by the Matron, by making use of your son’s medical supplies.
2. If further medical attention is required, the Matron will contact you for permission to take the boy to a doctor.
3. If necessary, with your permission the teacher on duty or matron will take your son to the Emergency Ward.
4. If a boy is injured, sick or not feeling well, he can phone his parents first or he can (any time of the day or night) report it to the Matron or the Teacher on Duty. A Duty Roster is always available.
5. All emergencies will be referred to the nearest hospital, which is the Emergency Unit at the Medi-Clinic Hospital. Parents/Guardians will be notified immediately.
6. If your Medical Aid does not support treatment at the Medi-Clinic Hospital, kindly notify us by indicating this on the Hostel Medical form and suggesting an alternative. Please inform your son as well.
7. If you do not belong to a Medical Aid, this should also be indicated on the Hostel Medical form and also indicate what we will then be expected to do in such case.

DURING THE DAY AT SCHOOL:

1. If a boy becomes ill or is injured during school hours, he must go to the office of Mrs Elsie Geeringh. She will give him a note of permission to either go to the hostel or leave the school premises. This note then needs to be signed by the Housemaster. If the boy goes to the hostel, he needs to go directly to the Matron who will attend to his problem and, if necessary, refer him to a doctor with the consent of the parents. This yellow note only gives your son permission to come to the hostel to see matron or to fetch something.
2. You are allowed to use any doctor but the school uses the following doctors which are closest to the school : Dr R Swanepoel (082 828 2330), Mimosa Medical Centre (051 444 5820), College Crossing (consisting of 3 doctors, 8 dentists and an oral hygienist), and doctors at Medi-Clinic Hospital.
3. For appointments: Please contact the matron before making appointments. She has her diary to co-ordinate all appointments for all the boys.
4. For as little interference as possible on your son's school- and sports programmes, it is recommended that all routine medical check-ups, such as dental care should be done at home, during school holidays.
5. Dates and times of appointments need to be given to the Matron as soon as possible. Routine appointments should be reported to the matron at least one week in advance to schedule transportation. Seeing as the Matron and Staff members of Murray House transport your son to and from their different appointments (doctors, dentists, physiotherapists etc.), we would, however, appreciate it if appointments were made within close range to the school.
6. Please read the hostel transport policy
7. All medical and pharmacy accounts are the responsibility of the parents/guardians and payment must be arranged with the service providers. Unfortunately, Murray House staff members will be unable to provide any transportation unless we received your consent and indemnity form by the 15th of January 2024. This document should be handed in along with the Hostel Medical form.
8. Parents/Guardians/Family members may provide private transportation ,if the Matron is informed beforehand.
9. Grey College offers the services of a fulltime educational psychologist. Please contact the school's secretary for enquiries.
10. Important: No boarder will be allowed to be in the hostel during school hours without a medical certificate ("sick letter") from a medical doctor. Please hand it to the Matron.

PHARMACY

It is highly recommended that you hold an account at a pharmacy to cover any additional costs. These include co-payments on prescriptions & self-medication.

Please indicate the pharmacy account number on the Hostel Medical Aid form. Although you may suggest a pharmacy of your choice, it is essential that such a pharmacy is willing to make speedy deliveries. Thus, we highly recommend the excellent service and speedy deliveries of Medi Bloem pharmacy. This pharmacy is situated at Medi-clinic, very close to the hostel.

If you do not hold an account at a pharmacy in Bloemfontein that delivers medicine, parents/guardians will be responsible for making arrangements for the payment and delivery for each prescription during the year.

MEDI-BLOEM Pharmacy (at Medi-Clinic Hospital, close to Grey College):

Pharmacist: André du Toit

Tel: 051 444 2311 / 083 406 6255

Email: medibloem@cks.co.za

RECOMMENDED MEDICATION

With regards to the medical kit, we urge you to use your own discretion.

The following list of medication is strongly recommended, keeping your son's chronic medications, allergic reactions, etc. in mind:

Immune booster (Daily)	Vita-Thion, Airmune
Pain and fever	Mypaid Forte / Panado's / Mybulen
Cough Medication	Prospan
Allergies	Texa / Allergex ((Must be non-drowsy)
Sinus	Sinumax / Advil ACC 200 / Mucospect / Amuco
Nausea	Valoid / Clopamon / Contramet
Diarrhoea	Diacline / tasectan / No Loperamide ! (small white pills)
Abdominal spasms	Scopex / Buscopan / Bevispas
Sore throats	Strepcils / Andolex C
Gel for sore muscles	Voltaren Gel / Transact
Antibiotic ointment	Bactroban / Germolene
Cleaning of wounds	Saline / Wond-ontsmettingsmiddel
	Mercurochrome
	1 x 10 x 10 cm gauze
	1 x bandages - Coban
NB!!! PLASTERS	2 boxes of different sizes
IMPORTANT	5 x Rehydrate sachets(Not Grape)
IMPORTANT	Sunscreen for daily use

HOSTEL STAFF - TRANSPORT POLICY

Each Matron has an average of 120 boys under her supervision. Apart from other daily duties, she is also responsible for transporting boarders to and from a variety of medical appointments, therefore we would like to bring the following to your attention:

MATRONS TRANSPORT CHILDREN TO THE FOLLOWING MEDICAL PRACTITIONERS:

1. **DOCTORS:** Mimosa Medical Centre; Medi-Clinic; College Crossing, or any doctor within a 2km radius. However, Matrons will transport boys who have been referred to specialists, e.g. those at different Hospitals and medical centres.
2. **PHARMACIES:** Medi-Bloem Pharmacy or College Crossing Pharmacy
3. **PHYSIOTHERAPISTS:** Jaco Colyn is available at the gym on the school premises after school. Anna Swanepoel Physiotherapists or any Physio within a 2km radius.
4. **BIOKINETHETIST:** Stephan Uys, opposite main entrance of Mediclinic Hospital
5. **SPORTS PHYSICIAN:** Dr Gerhard Jansen at the UFS
6. **DENTISTS:** College Crossing, Dr L Marx at Mediclinic, or any dentist within 2km radius
7. **ORTHODONTISTS:** Dr Mussman, Dr Mogoregi or any other orthodontists within a 2km radius
8. **PSYCHOLOGISTS:** The school has a psychologist on the grounds. Matrons will transport children only if they have been referred by the school psychologist.
9. **MEDICAL APPOINTMENTS MADE BY THE PARENT:** need to be communicated to the matrons at least 24 hours in advance by the parent or the child. If not, it will be the parent's responsibility to organise transport.
10. **DAILY MEDICAL APPOINTMENTS:** will still be done as usual by matrons (as per consent of the parent).
11. Matrons do not provide transport to or from shops, malls, bus terminals, airports etc.

You are more than welcome to use any other medical facility or doctor of your choice, but necessary arrangements and transportation of your son will be your responsibility.