



Gestig 1855 Founded

GREY KOLLEGE SEKONDÊR COLLEGE SECONDARY

A SOUTH AFRICAN PARALLEL MEDIUM SCHOOL FOR BOYS

'N SUID-AFRIKAANSE PARALLELMEDIUMSKOOL VIR SEUNS

Self- medication

The following information is extremely important!

By law, schools and hostels do not dispense medication to learners, that is the reason why your son needs to have his own medication.

It is compulsory for your son to have at least a basic medical aid kit.

As matron I ask that you provide your son with at least a basic medical kit.

Help me help your son, I cannot help if he has no medication.

BASIC MEDICAL KIT (THIS IS COMPULSORY):

1. Mypaid Forte / Ibugesig Plus / Panado – pain and fever
2. Valoid / Contromet / Clopamon - Nausea
3. Bevispas – anything for tummy cramps
4. Diacline or Tasectan for diarrhea – (please NO IMMIDIUMS or similar pills) AND REHIDRATE – Not Grape
5. ACC 200 / Amuco / Mucatak – any product that loosens the phlegm
6. Prospan cough syrup
7. Allergex NON-DROWSY
8. Strepcils / Andolex
9. Plasters (no plastic plasters please)

- He must keep his medical kit in his cupboard for personal use and take it with him on tour.
- **It is important to warn your son not to use medication supplied by friends**, and to check the expiration dates before taking any medicine. Medication must be clearly marked.
- **Boys should never assume that they should treat themselves** and must discuss self-medication with their moms or the Matron prior to taking it.
- If a boy suffers from e.g., a headache and does not have the correct medication in his locker, the Matron will contact you to provide the needed medication.
- Please do not supply your son with large amounts of medication. Rather replace his stock monthly.

I the undersigned, have read and understand that it is compulsory for me to provide my son with basic medication as listed in this document.

Parent / Guardian name Date:

Parent . Guardian signature